Copied from an original at The History Center, Diboll, TX www.TheHistoryCenterOnline.com 2017:005

MH MR SERVICES

DIRECTIONS

DEEP EAST TEXAS REGIONAL MHMR SERVICES

Vol. 9, No. 2 | Accredited by the Joint Commission on Accreditation of Hospitals | Winter Issue, 1983

Program Hopes to Impact State Hospital Admissions

Deep East Texas MHMR is now giving even greater emphasis to reducing the number of inappropriate admissions to state hospitals, and to help alleviate overcrowded conditions that exist there.

"This problem of inappropriate admissions to state hospitals has been around for a long time," said Sandy Skelton, deputy director for client services at MHMR. "But with our new emphasis on continuity of care, and with excellent cooperation from our county judges in the region, we think we have a chance to impact the problem and save thousands of dollars in hospital costs over the next several years."

The newly emphasized program Mr. Skelton was referring to began this winter by MHMR and has as its key concept the utilization of MHMR as the screening and evaluation team for the region.

"We realize there are people in the region who experience psychiatric crises and who need only short-term hospitalization. We provide that now through our program at the inpatient unit at Lufkin Memorial Hospital and, for cases requiring more than 72 hours of care, the Community Oriented Program Environment (COPE) Unit in Beaumont. These are very viable alternatives to commitment to Rusk State Hospital."

In addition to these two inpatient services offered through MHMR, the entire outpatient clinic network of mental health workers across the region provides a system of services to monitor and support a person before and after their hospitalization.

"We have recognized that there are people who desperately need hospital care from time to time who need more than outpatient services, and yet do not meet the criteria for appropriate admission to state hospitals . . . that they are a danger to themselves or others because of their condition," Mr. Skelton explained.

"We hope to have and we will need the cooperation of many from across the region to make this needed and cost-effective program work," he added.

CLIENTS RIGHTS

Any client or representative of a client is invited to submit questions or complaints regarding services to the Public Responsibility Committee, P.O. Box 935 Lufkin, TX. 75901. This committee is independent and impartial. No members are employees of this center.

Eight Added to Advisory Councils

There has been an addition of eight new members appointed to county advisory councils across the region over the last several months, six of them added to the Tyler County Council.

All new members are recognized as leaders in their communities and were recommended for appointment based on past performance in civic affairs. They were appointed by action of the MHMR Board of Trustees during their regular monthly meetings in Lufkin.

The following are new members from Tyler County:

The Rev. Jesse A. Adams is a retired but still serving minister of the Methodist Church in Woodville. He is chairman of the Tyler County Committee on Aging, a sponsor of the Tyler County Nutrition Program, and is a coordinator of aging services in Tyler County.

Janis Olvik Wilson makes her home at 711 Kelly Blvd. in Woodville. She is a Job Developer for the Deep East Texas Council of Governments' Manpower Services in Lufkin.

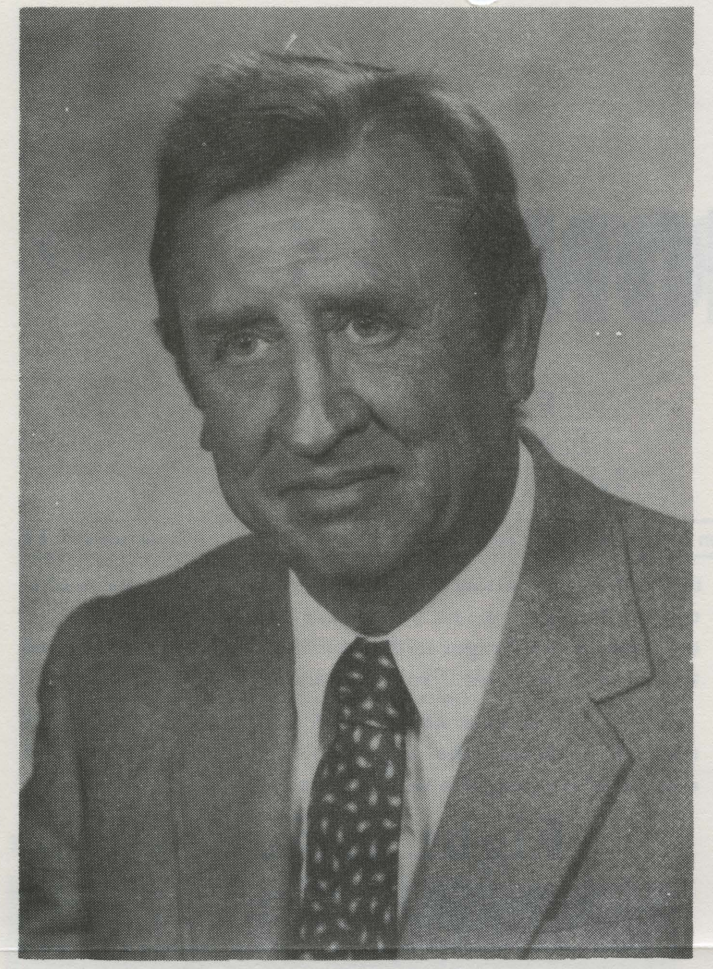
B. Douglas Hallmark, M.D., is a medical doctor in Woodville.

Gary M. Lacox is an area forester in Woodville for the Texas Forest Service. He is a member of the Rotary Club.

Melinda A. Stryker is a Child Placement Worker in Woodville for the Texas Department of Human Resources. She is Second Vice President of the Business and Professional Womens' Club, a leader of the Senior High

[*Please turn to page 2*]

Copied from an original at The History Center, Diboll, TX www.TheHistoryCenterOnline.com 2017:005



Dr. Edward J. Kollar

Kollar Named Clinical Director

Edward J. Kollar, M.D., former chief of psychiatric services at the Audie Murphy Veterans Administration Hospital in San Antonio has been named Clinical Director at Deep East Texas MHMR Services.

The appointment was made by the MHMR Board of Trustees at their meeting Tuesday, December 21, 1982, in Lufkin.

Dr. Kollar, who also served as Professor of Psychiatry at the University of Texas Medical School, will assume duties at MHMR in February, 1983.

A practicing psychiatrist for the past 37 years, Dr. Kollar was graduated with high honors from the University of Illinois, Yale University, and the University of Illinois Medical School. He has held numerous medical positions with the U.S. Air Force and the Veterans Administration.

Dr. Kollar is certified as a Diplomate by the American Board of Psychiatry and Neurology and is recognized as a Fellow by the American Psychiatric Association. He has published in excess of 30 papers concerning psychiatric issues.

Poem for Alysia

[*EDITOR'S NOTE: The following poem was submitted for publication by Mr. & Mrs. Wayne Rembert in memory of their young child, Alysia, who died recently. Alysia was a former client of MHMR. The author of the poem is unknown.*]

A Child of Mine

"I'll lend you for a little while,
A child of mine," He said.
"For you to love the while she lives,
And mourn, when she is dead.
It may be one or two years, or even three,
But will you until I call her back
Take care of her for me?

She'll bring her charms to gladden you
And should her day be brief,
You'll have her lovely memories
As solace for your grief.

I cannot promise she will stay,
Since all from earth return,
But there are lessons taught down there,
I've wanted her to learn.
I've looked this wide world over
In my search for teachers true
And from the throngs that crowd life's lanes,
I have selected you.
Now, forget not all your love,
Nor think you labor vain.
Nor hate me when I come to call,
To take her back again?"

Continued from page 1 . . .

New Council Members

4-H Youth, Secretary-Treasurer of the Adult Choir at the Woodville First United Methodist Church, a Director for Youth Against Cancer, and a member of the Tyler County Child Welfare Board.

And Sandra Jeanne Barnes is a Medical Social Worker for Home Health-Home Care in Jasper and provides services in multiple counties. She requested and was granted appointed to both the Tyler and Jasper County Advisory Councils. She is also a member of the Jasper County Friends of the Library and attends Jasper Share, Inc. meetings.

Appointed to the Houston County Advisory Council is Edna Lillian, a retired teacher from Crockett, who is active at the Historical and Cultural Activities Center and the Nutritional Center.

And appointed to the Polk County Advisory Council is Elizabeth V. McElroy. She is a reporter for the Polk County Enterprise in Livingston and is a member of the Business and Professional Womens' Club.

Copied from an original at The History Center, Diboll, TX www.TheHistoryCenterOnline.com 2017:005



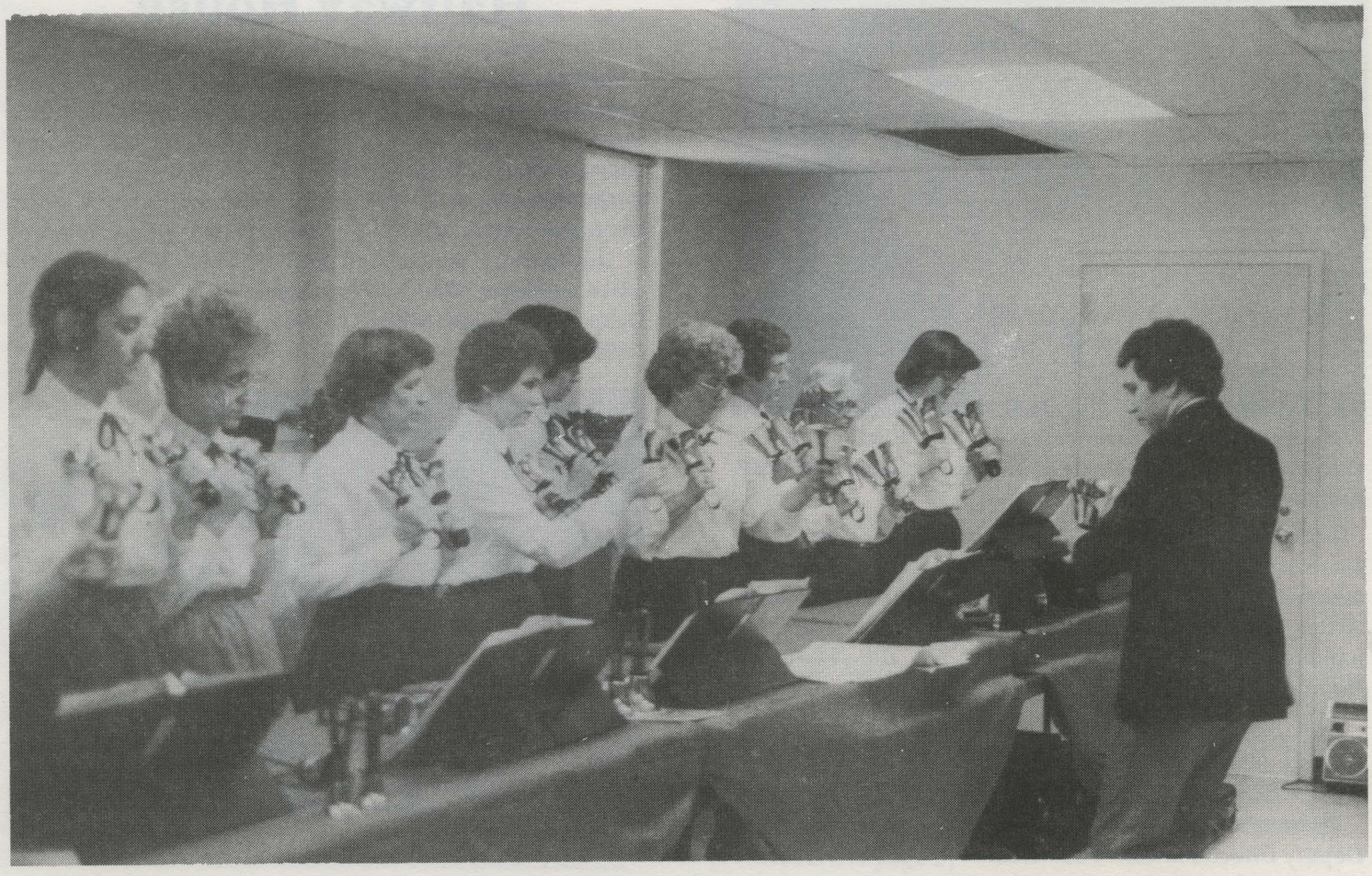
Community Joins in Christmas Celebration

Sue Neely, far left, activity director at the Lufkin Nursing Home, was presented a certificate of appreciation from MHMR for her extraordinary effort and cooperation in seeing that the Partial Hospitalization Volunteer Program in the nursing home was a success. With her are Nell Newton, far right, unit director of Partial Hospitalization, and Gale Culpepper, a caseworker in the unit. The presentation was made during the unit's annual Christmas party.

Don Thrasher, below, minister of music at First Baptist Church in Lufkin, directs the Ladies Hand Bell Choir as they present Christmas music for the clients and guests of the MHMR Partial Hospitalization Program.

Toll Free Crisis Line

1-800-392-8343



Copied from an original at The History Center, Diboll, TX www.TheHistoryCenterOnline.com 2017:005

DIRECTIONS

Non-Profit Org.
U.S. Postage
PAID
Permit No. 4
Lufkin, TX 75901

Newsletter of Deep East Texas Regional Mental Health Mental Retardation Services, 4101 S. Medford Drive, Lufkin, Texas 75901 (713) 639-1141
An Equal Opportunity/Affirmative Action Employer and Care Provider in compliance with Civil Rights Act of 1964, as amended, and Executive Order 11246, as amended.
Wayne Lawrence, PH.D., Executive Director
Joe McCulley, Editor
A product of the Consultation and Education Services Program.

Employee of the Quarter . . .



Kathy Thomas, caseworker in the Shelby County Outpatient Clinic in Center, has been named MHMR Employee of the Quarter.

Mrs. Thomas has been with the mental health clinic since August, 1980. Before that she was a child and family mental health worker for the Tri-County Community Action Agency's Project Head Start. She was also handicapped services coordinator for the 13-county Handicapped Services Consortium.

She was cited with a commendation by the Texas Mental Health Association in 1979 for her work in establishing the Center Mental Health Association.

Presenting her with the certificate is Sandy Skelton, Deputy Director of Client Services.

Sewing Machine Donated to Halfway House

Bob Clark of the Kirby Company Sewing and Vacuum Center at 2309 North St. in Nacogdoches, has donated a sewing machine for use at the Nacogdoches County Halfway House. Visiting with Mr. Clark are, from left, Gwen Cunningham, director of volunteer programs at Deep East Texas MHMR Services, Nancy Jones, director of the halfway house, and Robyn Clark, secretary and office manager. The halfway house is a service unit of Deep East Texas MHMR, whose headquarters are in Lufkin.

