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MH MR SERVICES

DIRECTIONS

DEEP EAST TEXAS REGIONAL MHMR SERVICES

4101 SOUTH MEDFORD DRIVE LUFKIN, TEXAS 75901

PHONE: AREA CODE 713/639-1141
Wayne Lawrence, Ph.D., Executive Director

Vol. 4, No. 12 An Equal Opportunity Employer August, 1978

MHMR BOARD MEETS

The Deep East Texas Regional Mental Health Mental Retardation Services conducted its monthly Board of Trustees' Board meeting on Tuesday, July 25, at 5:00 p.m. in Lufkin, Texas.

Dr. Wayne Lawrence, Executive Director, discussed several items including Corrigan Hospital District building renovation and MHMR's possible usage of some of the space for an office. Dr. Lawrence also discussed the status of grant application concerning the Jasper Human Services building.

Mr. Wells Wright, Computer Analyst for MHMR, gave a report on the progress of computerizing the Business, Personnel and Client Data functions for the agency. Mr. Wright reported that MHMR currently has a contract with the City of Lufkin for computer utilization.

The Board took action on several other items to include bids for printing services for FY 79; bids for office supplies and cleaning supplies; disposition of uncollectable accounts receivable; consideration of proposed service agency contracts; discussion of Fairweather Lodge program; consideration of proposed plans for Annual Volunteer Recognition Banquet; consideration of proposed memorial contribution plan; and consideration of several personnel matters.

The next meeting of the MHMR Board will be held on August 22 at 5:00 p.m. in Lufkin at the Day Treatment/ Administration Facility.



Board members George Gee, Ward Burke, Judge Allen Sturrock, Tom Mann and V.B. Woods review plans for proposed annual volunteer recognition banquet.

TWO NEW PSYCHIATRISTS JOIN MHMR

The Deep East Texas Regional Mental Health Mental Retardation Services (MHMR) announced that two new psychiatrists have been employed to work in the Clinical program. The psychiatrists are: Warren O. Sibley, M.D., and Kenneth N. Vogtsberger, M.D. Both Doctors Sibley and Vogtsberger are originally from Dallas, Texas.

Dr. Vogstberger attended medical school at the University of Texas Health Science Center at San Antonio while Dr. Sibley attended the University of Texas Southwestern Medical School in Dallas. Both doctors' general psychiatric residency was completed at Timberlawn Psychiatric Hospital in Dallas.

While the doctors will be residing in Lufkin, they will be providing services throughout the thirteen county area. Dr. Sibley will be working primarily in Angelina and Jasper Counties. Dr. Vogtsberger will be working in Angelina, Nacogdoches, Tyler and Trinity Counties. Dr. Jane Higbee, the third member of the Clinical staff for MHMR, works primarily in Angelina and Nacogdoches Counties. The doctors work out of the MHMR outpatient clinics located in Lufkin, Nacogdoches, Jasper, Woodville and Groveton.

The purpose of the outpatient clinics is to improve the mental health of individuals and their families by assisting them in learning to cope more effectively with their problems in or near their own community.

Outpatient services include individual, group and family counseling for persons of all ages. Additional services are chemotherapy, psychiatric and psychological evaluation and testing, emergency service and consultation services. Fees are established on a sliding scale according to income and the number of dependents.

Men with clenched fists cannot shake hands.

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from the Director's Desk

WHERE DO OUR CLIENTS COME FROM???

We are often asked what the sources of referral are for our clients. Listed below are the major sources of referral with the percentage figures for all first admissions for the period of time from September 1977, through May 1978:

Source	Percentage
Self, Family, Friend	35%
Court, Law, Correctional Agency	16%
Physicians and other Private Mental Health Professionals	11%
Schools	11%
Family Service/Social Agencies	10%
State Hospitals (including Outreach)	9%
Private and General Hospitals	3%
Clergy	1%
State Schools and other MR Facilities	1%
Other	3%
TOTAL	100%

As one can tell from reviewing this information, the largest percentage of our client referrals are "Self, Family, Friend" referrals. These typically are individuals who have heard about our services through a friend, family member, or through the news media.

WARD BURKE HONORED

Volunteer Services Council for Lufkin State School has asked MHMR to invite you to attend the Commissioner's Award for Volunteers Banquet in honor of Mr. Ward Burke. The banquet will be held on September 11, 1978 in the Lufkin Civic Center beginning at 7:00 p.m. Tickets for the reception and dinner are $5.00. Please RSVP by calling 634-3353 Ext. 253 in Lufkin.

Doubt about one thing is often blind belief in another.

VOLUNTEER OF THE MONTH

Betty Loflin from Nacogdoches is the Volunteer of the Month for August. She is presently serving as President of the Nacogdoches County Advisory Council, having been an active member of this group since its beginning.

Since moving to Nacogdoches, Mrs. Loflin has been more than generous to volunteer her time and energies for the mentally retarded. Under her leadership the Piney Woods Association for Retarded Children has been able to support the Nacogdoches County Sheltered Workshop activities and has recently secured funding to provide a Halfway House for mentally retarded females in Nacogdoches. A large part of Mrs. Loflin's time is spent accomplishing the many tasks associated with the opening of such a facility.

Mrs. Loflin has spent untold hours with various civic groups and clubs making them aware of the special needs of the mentally retarded. In addition, each semester she gives hours of service to students at Stephen F. Austin State University making them aware of what it is like to have a mentally retarded child and how a parent reacts to such a situation. She has twenty years of service in the Texas Association for Retarded Citizens and has served as President of the Piney Woods Association for Retarded Children.

Mrs. Loflin was an awardee at our first Volunteer Recognition Banquet receiving a pin for 100 hours of service. Actually, this is only a beginning in the accounting of volunteer hours donated for MHMR projects. We would like to say again, "Thank you very much!"



Mrs. Loflin (left) receives volunteer recognition pin from Gwen Cunningham, coordinator of volunteer services at a recent Nacogdoches County Advisory Council meeting.

WELCOME NEW EMPLOYEES

CAROLYN L. THOMPSON, Secretary I, Prescreening and Aftercare-MH.

MILDRED ROTHMUND, Clerk I, Shelby County Halfway House.

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from the UNITS

JASPER COUNTY OUTPATIENT CLINIC

The Nursing Home group of the Jasper County Outpatient Clinic went on a day-long fishing and picnic outing on June 27, 1978. The clients are residents of Pinewood Manor Convalescent Center. Residents participating were: Willie Brian, Gracie Brian, Hugh Sinclair, Roberta Bergeron, Alice Newton, Maurine Jett, Carl Hunnicutt, Mae Cronkrite and Dave McCorquodale. Pinewood staff attending were Linda Gill, Activities Director, and Lola McClelland, Director of Nurses. Jasper Outpatient staffer Mary Decker and Volunteer Sybil Johnson also attended.



DEVELOPMENTAL CENTERS

The Deep East Texas Regional MHMR Services provides Developmental Center programming in Shelby, Hardin, Jasper, Newton, San Jacinto and Tyler Counties. The purpose of the Developmental Centers' services is to provide basic training primarily for school age and some adult retarded persons.

Clients are trained in self-help, personal and social adjustment and prevocational skills. Long-range goals include enabling the client to develop to his full potential and equipping him for employment in a sheltered workshop environment.

Using the Behavioral Characteristics Progression chart in assessment and curriculum planning, Developmental Center programs are geared to meet client needs. Individual Program Planning is used in conjunction with the BCP. This approach emphasizes the positive aspects of the clients' abilities and enables teachers to begin working with each client at his own level of development. The scope of the program extends from training in basic self-help skills to training in academic and pre-vocational skills.

Consultation to parents is provided to assist them in developing an atmosphere which contributes to the clients getting maximum benefit from his/her learning activities in the developmental center. Staff members are available to discuss and counsel with family members concerning emotional as well as physical problems which develop with the client in the home.









Children involved in recreational and educational therapy at Tyler County Developmental Center.

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RESULTS FROM "DIRECTIONS" NEWSLETTER SURVEY

The June, 1978, issue of the Newsletter, "Directions", contained a questionnaire requesting recipients of the newsletter to evaluate that document. A total of 1,200 newsletters were mailed. Sixty (60) questionnaires were returned for a 5% return rate. The following are the results of the survey.

1. Do you receive the "Directions" newsletter?

   Respondents indication to this question was 100% that they received "Directions" either most every month (12%) or every month (88%).

2. Do you read the "Directions" newsletter?

A.	Never	2%
B.	Seldom	2%
C.	Frequently, at least partially	6%
D.	Monthly, at least partially	18%
E.	Monthly, the majority of the newsletter	72%

3. Concerning the content of the "Directions" newsletter:

A.	Very Uninteresting	2%
B.	Usually Not Interesting	2%
C.	Neutral	14%
D.	Usually Interesting	49%
E.	Very Interesting	33%

4. The quality of the "Directions" newsletter (pictures, type paper, style writing, etc.) is:

A.	Very Poor	0%
B.	Poor	0%
C.	Fair	6%
D.	Good	42%
E.	Very Good	52%

5. Do you feel the content of "Directions" is balanced information?

A.	Too much about Staff	6%
B.	Too much about Board	4%
C.	Too much about Programs	0%
D.	Usually Balanced	35%
E.	Well Balanced	55%

6. Does "Directions provide you with useful information?

A.	Never	2%
B.	Seldom	6%
C.	Neutral	18%
D.	Frequently	48%
E.	Always	26%

7. Do you feel "Directions" is worthwhile and should be continued?

A.	No	4%
B.	Yes, with Major Improvements	4%
C.	Yes, with Some Improvements	12%
D.	Yes, with Minor Improvements	12%
E.	Yes	68%

A new idea is delicate. It can be killed by a sneer or a yawn; it can be stabbed to death by a quip and worried to death by a frown on the right man's brow.

. . . Charles Brown

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Please address correspondence to: Jim McDermott, Editor, Directions, MHMR, 4101 S. Medford Drive, Lufkin, TX 75901

The Deep East Texas Regional Mental Health Mental Retardation Services operates in compliance with the Civil Rights Act of 1964, as amended, and Executive Order 11246, as amended.