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DIRECTIONS

DEEP EAST TEXAS REGIONAL
MENTAL HEALTH MENTAL RETARDATION
SERVICES

An Equal Opportunity Employer Vol. 1 No. 2 October 31, 1974

BOARD RESOLUTION PASSED

The Board of Trustees, at the September Board Meeting passed the following resolution regarding the involvement of ministerial alliances and other religious groups in DETRMHMRS programs: "While it is not the intention of this Board to sponsor or advocate a specific religious position, it is the desire of the Board to recognize the community contributions made by individuals motivated by their religious persuasion. It is also the intention of this Board to make suitable use of the opportunity to cooperate with those who because of their religious-based humanitarian principles will provide community service". The resolution was presented by Reverend Jerry Self, Nacogdoches County Board member and passed unamimously.

Chairman Burke commented that while the Board did not want to dictate to anyone regarding their religious beliefs; he also added that cooperation with the clergy was an essential element in the field of Mental Health Services.

MHMR SYMPOSIUM

Three staff members of DETRMHMRS: Wayne Lawrence, Ph.D., Executive Director; Mr. Leonard Baxter, Director of Mental Retardation Programs; and Mr. Larry Davis, Coordinator of Alcoholism and Drug Abuse Programs attended a Mental Health and Mental Retardation Symposium sponsored by Midwestern University and the Wichita Falls Community Mental Health Mental Retardation Center on October 17 and 18 in Wichita Falls.

Keynote speaker for the symposium was Dr. Kenneth D. Gaver, Commissioner, Texas Department of Mental Health and Mental Retardation. He also met with the executive directors of the 27 community centers during the two day conference.

Major highlights of the symposium were a workshop on ethical and legal aspects of mental health and mental retardation directed by Mr. George Dix, Professor of Law, University of Texas and a preview of the Texas Mental Retardation Code presented by Mr. Tom Choate, Assistant Attorney General, State of Texas.

PSYCHIATRIC CONSULTANT VIEWS PROGRAM

Dr. David Wade, former Commissioner of the Texas Department of Mental Health and Mental Retardation, was in the Deep East Texas Region October 29, 30, & 31 acting as Consultant for DETRMHMRS.

Dr. Wade, a psychiatrist, was Commissioner for the Texas Department of Mental Health and Mental Retardation from 1970 to August, 1974. He was elected President of the Texas Medical Association in 1965.

He is affiliated with Travis County Medical Society, the Texas Medical Association, the American Medical Association and the American Psychiatric Association. He is also a past President of the Texas Neuropsychiatric Association.

Dr. Wade visited several DETRMHMRS programs including the Trinity Outpatient Clinic, the Nacogdoches Workshop, the Jasper Developmental Center, and the Lufkin Workshop and Opportunity Center.

Included in Dr. Wade's itinerary were conferences with regional physicians, county officials, board members, and staff members.

On Tuesday, October 29, Dr. Wade addressed members of the Regional Mental Health, Mental Retardation, and Chemical Dependency Advisory Committees.

On Wednesday afternoon, October 30, he participated in the County Judges Workshop on the legal and medical aspects of a community mental health referral system sponsored by DETRMHMRS that was held at the Angelina County Courthouse. Wednesday evening, Dr. Wade met with the Medical Advisory Committee of DETRMHMRS at the Harvest Room, Lufkin Savings & Loan Building.

On Thursday, October 31, at 7:00 p.m., Dr. Wade attended the monthly meeting of the DETRMHMRS Board of Trustees.

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GIVE ME A FISH, AND I EAT
FOR A DAY.
TEACH ME TO FISH, AND I EAT
FOR A LIFETIME.

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MEDICAL CONSULTANT RETAINED

Geoffrey T. Grubb, M.D. of Nacogdoches, has been retained as a member of the Mental Health Team of DETRMHMRS that will provide treatment and counseling for clients in the Trinity County and Angelina County Outpatient Clinics. Dr. Grubb will also be training the Mental Health staff.

He has attended Mc Murray College and Vanderbilt University. After completion of required coursework, he was accepted to the University of Texas Medical School at Galveston where he graduated in 1971. He completed clerkships in pathology at the University of Alabama and Texas Medical Schools.

His past graduate experience includes a year of internship at the University of Texas Medical School at Galveston, an internship in anatomical pathology at Erlanger Hospital, and a year's internship as a first year resident in psychiatry at the University of Texas School of Medicine.

He is a member of the medical staff of Stephen F. Austin University, the Southern Medical Society, the Texas Medical Association and the Nacogdoches Medical Society.

REGIONAL ADVISORY COMMITTEE NOMINEES APPROVED

REGIONAL MENTAL HEALTH ADVISORY COMMITTEE

Name	County
Martin, Mrs. Bill	Newton

REGIONAL MENTAL RETARDATION ADVISORY COMMITTEE

Name	County
Duncan, Mrs. James	Newton
Stringer, Mrs. Paul	Trinity

REGIONAL CHEMICAL DEPENDENCY ADVISORY COMMITTEE

Name	County
Hawkins, Doyle	Jasper
Pace, Gerald	Newton
Roberts, Mrs. M. G.	Houston

REGIONAL MEDICAL ADVISORY COMMITTEE

Name	County
Spencer, Dr. J. B.	Jasper
Speck, Dr. Arthur	Nacogdoches

OUTPATIENT CLINICS ORGANIZED

The Trinity County Outpatient Clinic opened on October 2 and is located in the Groveton Hospital and Nursing Home. The Director of the Clinic is Mrs. Linda Cobb, a resident of Groveton.

The Angelina County Outpatient Clinic opened on October 15 in Lufkin. The clinic is located at 302 N. Raguet.

DETRMHMRS has made available a Mental Health Team who will be visiting each clinic on a regular basis. The Mental Health Team includes a physician, Dr. Geoffrey T. Grubb; a psychologist, Robert G. West; an alcohol and drug abuse counselor, Larry Davis; and a caseworker, Judy Gibson.

Services will include individual counseling, group counseling, psychological testing, and chemotherapy. The clinics are accepting clients from the community who desire professional help for a full-range of emotional or mental problems. The program also provides follow-up services for individuals who have been discharged from various State hospitals and other facilities. The Clinics' hours are as follows:

Monday	8:00-12:00 & 1:00-5:00
Tuesday	8:00-12:00 & 1:00-5:00
Wednesday	12:00- 5:00 & 6:00-8:00
Thursday	8:00-12:00 & 1:00-5:00
Friday	8:00-12:00 & 1:00-5:00

NACOGDOCHES WORKSHOP

DETRMHMRS has recently assumed the operation of the Nacogdoches Sheltered Workshop. The change will enable the workshop to become an integral part of a continuum of services offered by DETRMHMRS.

The Nacogdoches Workshop was founded by the Austin Heights Baptist Church to provide training for 4 of its members.

In three years the workshop has grown from a nine-hour-a-week volunteer organization to a full time operation currently providing training in personal, social and vocational skills for eighteen clients.

The Workshop is located at 3220 East Main in Nacogdoches. The Director of the Workshop is Mr. Steve Willingham. Assisting Mr. Willingham are two full time trainers, Mr. James Johnson and Ms. Julie Mc Niel. The Workshop secretary is Ms. Jo Ann Nall.

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V.F.W. SPONSORS JASPER BOOTH

V.F.W. Post 6380 sponsored the Jasper Developmental Center's booth at the first annual Jasper County Fair on September 28.

The V.F.W. has been very instrumental in the Center's growth and is presently a regular contributor to the Center.

The booth's educational theme was: "Look, Listen, Think, & Do". It represented a "mini" classroom displaying the sequential teaching in an early childhood developmental program.

Mental Health and Mental Retardation phamphlets were distributed to approximately 6,000 people attending the fair.

DEVELOPMENTAL CENTERS BECOME PART OF DETRMHMRS

DETRMHMRS has recently assumed operation of the Jasper County and Tyler County Developmental Centers for the mentally retarded.

The major objective of these programs is to develop the skills necessary for the individual to function successfully in the community and on the job.

The pre-school curriculum includes training in self-help skills, language development, auditory and visual development, and the development of fine and gross motor skills.

The pre-vocational program includes training in personal, social, and work skills together with some academic instruction.

The Jasper County Developmental Center is located in the St. Michael's Catholic Church at 445 College Street in Jasper. The Center is directed by Mrs. Marty Walker who is assisted by Ms. Kathy Braswell. Persons in Jasper interested in referral information should come by the Center or call 384-4207

The Tyler County Developmental Center is located at 517 Pavillion Street in Woodville. Mrs. Judy Westbrook is the Director of the Center. Persons in Woodville interested in referral information should come by the Center or call 283-2471.

Both Centers are open from 7:45 a.m. - 3:30 p.m. Monday through Friday. Services are available to retarded persons in need of such training who are not presently being served by any other available program.

COUNTY JUDGES WORKSHOP CONDUCTED

On October 30, DETRMHMRS sponsored a workshop concerning the legal and medical aspects of a community mental health referral system. The meeting was held at the Angelina County Courthouse at 1:30 p.m.

County Judges for the 13 county Deep East Texas area include: Angelina County, Judge Joe O'Quinn; Hardin County, Judge Emmett Lack; Houston County, Judge J. B. Lively; Jasper County, Judge T. Gilbert Adams; Nacogdoches County, Judge Carl S. Burrows; Newton County, Judge Lee Roy Fillyaw; Polk County, Judge Peyton Walters; Sabine County, Judge Charles Forse; San Augustine County, Judge Wyatt C. Teel; San Jacinto County, Judge J. R. Page; Shelby County, Judge V. V. Pate; Trinity County, Judge V. B. Price; and Tyler County, Judge Tom D. Mann.

Included on the workshop agenda were David Wade, M.D., former Commissioner for the Texas Department of Mental Health and Mental Retardation and a Consultant to DETRMHMRS; Lex T. Neill, M.D., Superintendent of Rusk State Hospital; and Mr. W. W. Beaver, Superintendent, Lufkin State School.

Other participants in the workshop were Mr. James Adkins, Chief of Legal Services, Texas Department of Mental Health and Mental Retardation who spoke on the legal aspects of a community referral system; Geoffrey T. Grubb, M.D., Medical Consultant for DETRMHMRS; and Mr. Larry Davis, Coordinator of Alcoholism and Drug Abuse Programs for DETRMHMRS.

PRACTICUM INTERN

DETRMHMRS has its first practicum intern, Miss Glenda Born of Stephen F. Austin State University. Miss Born is a graduate student in the Social and Rehabilitation Department of the University and is a native of Edna, Texas. After spending several weeks studying and participating in the Mental Retardation Services Division, she is now interning with the Mental Health Division, her major field of interest. Miss Born will complete approximately 150 hours of study during the internship. Her practicum advisor is Dr. Neil Jeffrey, Professor, Department of Social and Rehabilitation Services at the Univsity.