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Deep East Texas Regional Mental Health Mental Retardation Services

Annual Report for Fiscal Year 1976



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Participating Counties

Angelina

Houston

Jasper

Nacogdoches

Newton

Polk

San Jacinto

Shelby

Trinity

Tyler

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Deep East Texas Regional

Mental Health Mental Retardation Services



ANNUAL REPORT 1976

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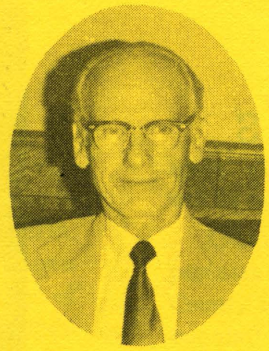
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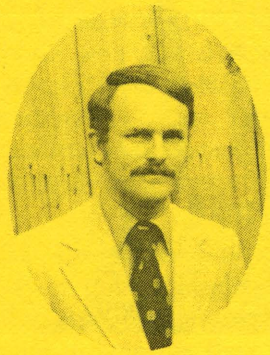
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Map of Region 13

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WARD R. BURKE
Chairman
Angelina County



R. B. HILLE
Secretary
Polk & San Jacinto Counties



W. J. GENTRY
Vice Chairman
Houston County

DETRMHMRS
Board of Trustees



CLEO HINES
Sabine, San Augustine,
& Shelby Counties

The Board of Trustees is appointed by the County Judges from the participating counties and serve two-year staggered terms. The Board is the legal governing body responsible for the administration of all DETRMHMRS' programs. This body helps assure local control and input into the regional operations.



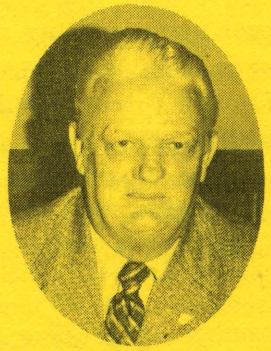
V. B. WOODS
Treasurer
Trinity County



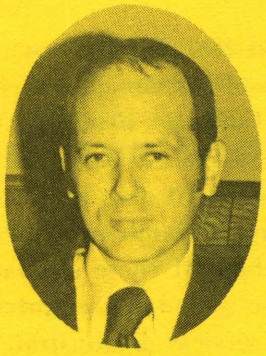
JUDGE EMMETT LACK
Hardin County



GEORGE GEE
Jasper & Newton Counties



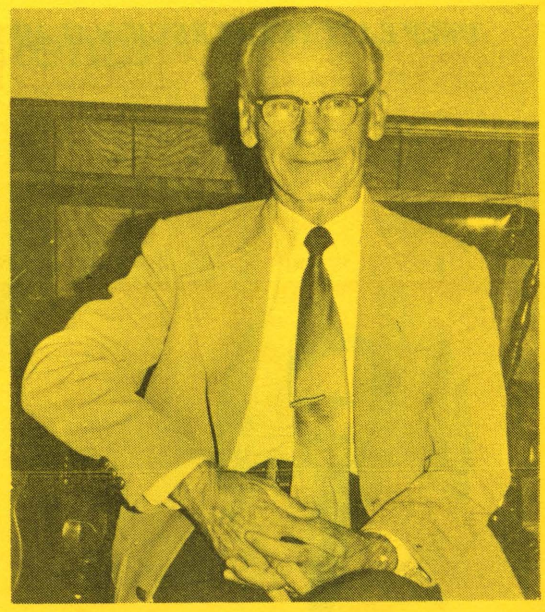
JUDGE TOM D. MANN
Tyler County



REV. JERRY SELF
Nacogdoches County

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Board Chairman's Statement



Since the formation of our Board of Trustees in February of 1974, our Center has had the support of numerous local and State individuals and agencies. Our County Commissioners' Courts have been extremely supportive, and have provided the foundation upon which our programs are built. During this period of time, the Board of Trustees met a total of 35 times. The dedicated individuals who have served on this Board during this time have willingly given of their time, talents, and resources without renumeration so that handicapped individuals in our area might receive needed services. As Chairman of the Board, I congratulate these individuals on their continued interest and dedication.

During our second fiscal year, our Center has once again continued to grow rapidly and, at the same time, has worked toward compliance with appropriate program and fiscal standards. The Board of Trustees has been actively involved in the expansion of these services, and has paid particular attention to the areas of sound financial management, accountability to funding agencies, and quality of services to clients.

The Board has recognized that there are many unmet needs in our region and continually solicits input from local Advisory Councils, Medical Advisory Committee, and Professional Advisory Committee as to how the Board might plan to better meet these needs. The individual members of these needs. The individual members of these separate councils and committees also served in a volunteer capacity, and through their services demonstrate a genuine and sincere concern and compassion for the welfare of all our clients.

The Board has continued to strive to offer programs in the area of prevention and public education. As of this writing, the Genetics Screening and Counseling Services is in its formative stage, and I trust by the time of the publication of our FY 1977 Annual Report we will be able to discuss the numerous possible exciting results which we feel will come from this service. Our Center has expanded efforts in the area of public education, and has striven to inform the public about mental illness, mental retardation, alcoholism and drug abuse problems.

On behalf of the Board, I specially and sincerely commend each and all of our employees. Every task performed is essential to the rendition of good services to people, and our staff has performed excellently. We thank each one of you for jobs well done!

It has been a pleasure to continue to serve on this Board of Trustees and observe the growth in our services, improvement in our clients, and impact upon statistics related to institutionalization of individuals from our region. The Board looks forward to continued close working relationships with county, State, and regional officials and will continue to strive to give guidance and support to our staff in providing necessary and meaningful services to the citizens of our area.

Ward R. Burke

Ward R. Burke, Chairman
Board of Trustees

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Executive Director's Statement

The major purpose and function of the Deep East Texas Regional MHMR Services (DETRMHMR) is, of course, to assist individuals with mental illness, mental retardation, alcoholism or drug abuse problems to remain in their home community whenever possible. This includes prevention of institutionalization when appropriate, and assisting individuals discharged from institutions to readjust in the community.

During our second fiscal year covering the period from September, 1975, through August, 1976, our Center served a total of 1,953 clients which resulted in a reduction in first admissions to both the Rusk State Hospital and the Lufkin State School. Several new programs were initiated including the Angelina County Day Treatment Program, Mobile Evaluation Unit, Alabama-Coushatta Indian Reservation Developmental Center, Jasper-Newton Sheltered Workshop, and Sunrise Manor Halfway House. Each program allowed us to expand our existing services as well as offer new and additional services.



The Angelina County Day Treatment Program has significantly assisted in our efforts to reduce admissions to the Rusk State Hospital by dealing with individuals who have a high probability of being admitted or readmitted to a State Hospital.

The opening of Sunrise Manor, a halfway house for adult mentally retarded males, in April of 1976 was highlighted by the keynote address of Congressman Charles Wilson. Since the initiation of Sunrise Manor, three former residents of the Lufkin State School have now been discharged from that institution, and in the near future will be placed into independent living situations.

Transportation of clients has assumed a more important role during this past year of operation. Through the assistance of funding agencies such as the Developmental Disabilities Council, TDMHMR, and the State Department of Highways and Public Transportation, DETRMHMR operated five multi-passenger vans as of August 31, 1976. Additional vans are already being ordered to aid in transporting clients to and from various regional programs. It is anticipated that by the end of our next fiscal year, the Center will be operating in excess of ten vans.

Alternate living also enjoyed a role of increasing importance within our agency. In addition to the Shelby County Halfway House and Sunrise Manor Halfway House, our staff initiated efforts to work with area nursing homes to assist individuals coming out of State Hospitals and State Schools to find appropriate living facilities.

Advisory Councils and volunteers continued to play an important role in the development of services. Without the assistance of these dedicated individuals, our services would not have expanded as rapidly and each volunteer is to be commended for his compassion, love and concern.

The Center once again received a very favorable fiscal audit again emphasizing the importance of sound financial management. Much of the credit for this favorable audit goes to the interest and dedication of the Board of Trustees as well as continued growth and dedication of the accounting and business staff.

Control and standards compliance continued to take on a more important role. Numerous standards with which we must comply including JCAH, ICF-MR, DPW, HEW, TRC, TEA, OSHA, TDMHMR, U. S. Department of Labor, etc., have demanded enormous amounts of staff time, but have at the same time helped insure quality of services rendered.

The Board of Trustees has continued to enjoy the support of 10 County Commissioners' Courts with this support providing the local funds necessary to insure continued growth and improvement in services.

Wayne Lawrence

Wayne Lawrence, Ph. D.
Executive Director.

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Fiscal Year 1976

Annual Report

Fiscal Year 1976 was a year of extensive program expansion of Deep East Texas Regional Mental Health Mental Retardation Services (DETRMHMRS). During the year, 3 additional Mental Health Programs and 10 Mental Retardation Programs were initiated bring DETRMHMRS' total program units to 34. Also during the year, the Center's payroll was converted to computer utilization through a contract with the Region VII Education Service Center in Kilgore, Texas. Implementation plans for conversion of all financial systems to computer were initiated during Fiscal Year 1976.

Several significant grant awards were received during Fiscal Year 1976. These included grants from the Texas Rehabilitation Commission for establishment of Work Activity Centers in Hardin and Houston Counties with opening of these centers planned for 1977. Also received was a grant from the Developmental Disabilities Council in the amount of $52,208 for the establishment of a Mobile Evaluation Unit. Another grant was awarded by the T. L. L. Temple Foundation, Diboll, Texas, in the amount of $45,000 to be used as local match for a Department of Health, Education and Welfare Building Grant. A Title I Grant from Texas Education Agency in the amount of $51,000 was awarded for an Enrichment Program for the Developmental Centers.

The organization experienced its first Board of Trustees' resignation in Fiscal Year 1976 with the resignation of Mr. W. J. Gentry, who represented Houston County since the formation of the Board in February, 1974. Mr. Gentry is to be congratulated for his outstanding performance as Vice-Chairman of the Board and for his contribution to the handicapped citizens of the Deep East Texas region.

Mental Health Programs

During the year, 3 new Mental Health Program Units were established. These included Protective Services and the Angelina County Day Treatment Program. The D.W.I. Court Class Program was assumed form the Deep East Texas Council of Governments on January 1, 1976.

The Protective Services Program, funded through a contract with the Department of Public Welfare (DPW), provides counseling and evaluation for parents and foster parents of neglected and abused children. Established late in 1976, this program has been well received, and a large caseload established. A clinical psychologist, the director of this program, provides expert witness and testimony for the various Courts-at-Law in our region in addition to counseling and evaluation.

The Angelina Day Treatment Program located in Lufkin provides daily care and treatment for clients with rather severe mental handicaps. The objective of this program is to rehabilitate these individuals and to encourage increased interest in the home community and in the work setting. Therapists, under the direction of a caseworker, provide counseling and social therapy.

Participants in D.W.I. Classes are primarily referred by the various Courts-at-Law throughout the region. These classes, about 8 hours in duration, are aimed at increasing individual awareness among the participants. The course is designed to impress the individual with the fact that if he is not already an alcoholic, he nevertheless does have an alcohol problem. The rate of recidivism in this program is very low, indicating its effectiveness.

Outpatient Clinics located in Angelina County, Newton County, Trinity County and Tyler County provide local services to individuals with mental

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and emotional problems. Services provided in these Clinics include intake screening, evaluation, individual, family, group, and juvenile counseling and chemotherapy as indicated.

Counseling Centers for clients with alcohol and drug problems are located in Jasper County, Polk County and Nacogdoches County. Services provided by these counseling clinics include counseling with alcohol and drug abuse clients and their families, and group and individual counseling with children and adolescents in various public schools.

Another drug and alcohol service provided to citizens of the region is the Shelby County Halfway House, a halfway house for male alcoholics located in Center, Texas. This service provides an alternate living situation for male alcoholics who have been referred by the Rusk State Hospital or by local or county officials. The treatment program includes individual and group counseling, participation in Alcoholics Anonymous, training in personal and social adjustment and work orientation training. The objective of this facility is to provide an alternate living situation for male alcoholics as they strive to maintain sobriety.

Emergency and inpatient services were maintained at Nacogdoches Memorial Hospital in Nacogdoches, Woodland Heights General Hospital and Memorial Hospital in Lufkin. These services are provided in an attempt to prevent institutionalization of the individual. Admissions are made by staff psychiatrists and contractual physicians for short-term hospital care when needed. Services include detoxification of alcoholics, treatment for drug overdose, and short-term hospital care for chemical regulation and adjustment.

During the year increased emphasis was placed on public education in an attempt to make the public aware of the dangers of drugs and alcohol, and to prevent individuals from becoming abusers.

Probably the most significant improvement in Mental Health Programs was the addition of 9 professional treatment personnel including the second full-time psychiatrist.

COMMUNITY PROGRAMS PATIENT INFORMATION SYSTEM — CHARACTERISTICS OF PATIENTS SERVED
FISCAL YEAR 1976
DEEP EAST TEXAS REGIONAL MHMR SERVICES

	MH	MR	ALC	DRUG	NO. DIAG	TOTAL	PERCENT
I. Sex Groups Served							
Males	374	301	305	12	114	1106	56.6
Females	510	218	26	4	89	847	43.4
II. Age Groups Served							
Children (0-12)	93	240	0	0	54	387	19.8
Adolescents (13-20)	138	144	24	7	43	356	18.2
Adults (21-64)	599	134	299	9	99	1140	58.4
Senior Citizens (65+)	54	1	8	0	7	70	3.6
III. Ethnic Groups Served							
Anglo	696	230	252	14	137	1329	68.1
Spanish Surname	11	3	3	0	1	18	0.9
Black	174	253	73	2	65	567	29.0
Other	1	29	3	0	0	33	1.7
Unknown	2	4	0	0	0	6	0.3
IV. Income Levels Served							
Under $50 (Weekly	314	109	57	9	19	508	26.1
$50-99	161	142	24	1	14	342	17.5
$100-149	136	91	27	1	16	271	13.9
$150-199	85	53	14	0	3	155	7.9
$200-299	74	30	11	0	6	121	6.2
$500/Above	39	20	0	1	0	69	3.5
Unknown/Not Reported	75	74	189	4	145	487	24.9
V. Total Patients Served	884	519	331	16	203	1953	100.0
VI. Percent of Total Cases	45.3	26.6	16.9	0.8	10.4	100.0	

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Mental Retardation Programs

During the year, 10 new Mental Retardation Program Units were established or assumed. These included the assumption of the following Developmental Centers: Alabama-Coushatta Indian Reservation in Polk County; the Angelina County Developmental Center in Lufkin; Kirbyville Developmental Center in Kirbyville; the Newton County Developmental Center in Newton; Shelbyville Developmental Center in Shelbyville; and Developmental Centers at Tenaha, Timpson and Excelsior in Shelby County through a contractual agreement with the Excelsior School District. Other Developmental Centers already established included the Houston County Developmental Center, Jasper County Developmental Center, San Jacinto County Developmental Center, and Tyler County Developmental Center. These Developmental Centers provide a full array of training services designed to meet the individual needs of each mentally retarded client. The majority of the clients in the Developmental Centers are either outside school age or are not mentally capable of participating in regular public school Special Education classes. A special developmental plan is devised based on evaluations of different professionals, teachers, trainers and parents, and, when appropriate, the goals and desires of the client are considered. These 12 Developmental Centers serve many mentally retarded clients to whom other services are not available.

During the year, 2 Developmental Center supervisors were added to the Mental Retardation staff. These positions provide much better supervision and are extremely beneficial to teachers and trainers in the areas of group and individual planning and programing.

Another significate addition to Mental Retardation Programs was the establishment of Sunrise Manor, an alternate living unit for adult mentally retarded males. Sunrise Manor receives clients both from the community and from Lufkin State School. Clients hold jobs in the community and receive continued training while in the program in such activities as money management and budgeting, household activities, personal and social adjustment, vocational attitudes and adequacies, shopping and purchasing, using public transportation, and the proper use of leisure time. All these training activities are aimed toward preparing the client for independent work and living in the community.

Another much needed program that was established during Fiscal Year 1976 was the Mobile Evaluation Unit, funded by a Developmental Disabilities Council Grant. This grant, one of two in the State funded, will determine the needs for services such as it provides in a rural area. This unit, a 27-foot travel coach, is completely equipped as an office on wheels, and is staffed by a Master's level psychologist and a caseworker. It travels throughout the region providing psychological and social evaluation for the mentally retarded, cerebral palsied and developmentally disabled. This unit also screens and makes recommendations on all State School applicants.

During Fiscal Year 1976, mid-line supervision for Sheltered Workshops was obtained through the creation of a coordinator position for Sheltered Workshops and Activity Centers. This position not only provides better supervision for Workshop Directors and personnel, but also procures work contracts from industries for the various Workshops.

Sheltered Workshops and Work Activity Centers for the mentally retarded are located in Nacogdoches County, Polk County and Shelby County. A contractual arrangement with the Lufkin Workshop and Opportunity Center also provided training opportunities for mentally retarded clients in Angelina County. These mental retardation units provide training in job skills, personal and social adjustment, money management skills and related services directed toward making the client vocationally and socially independent.

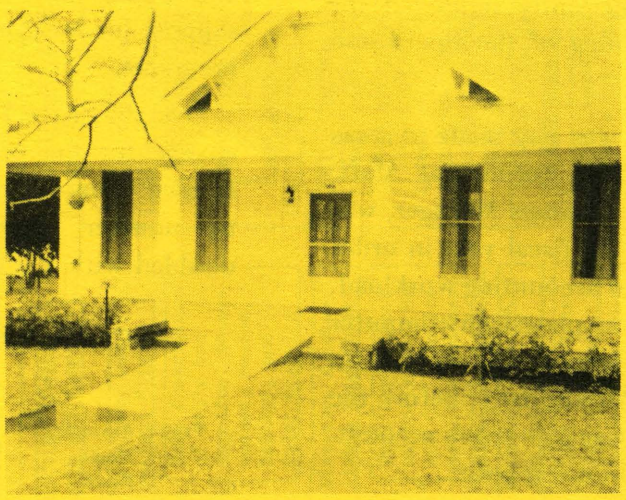
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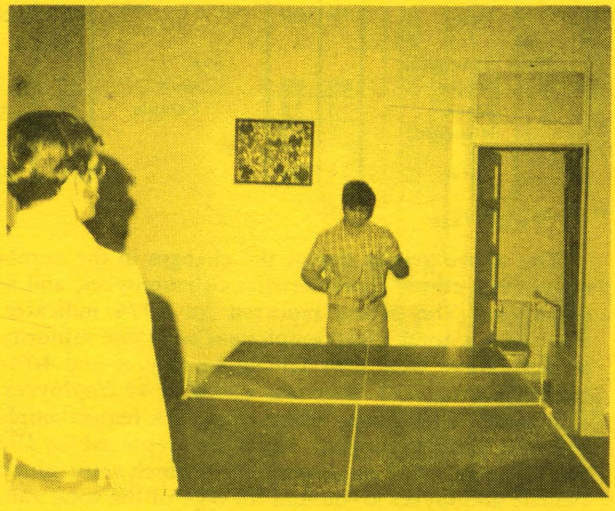
Polk County
Sheltered Workshop



Shelbyville
Developmental Center



Sunrise Manor Halfway House



Halfway House Recreational Activities



Mobile Evaluation Unit

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Administrative Programs

Probably the most significant change in Administration during the fiscal year was in the operations and procedures for the Board of Trustees. The Board authorized the formation of three Board Committees: Budget and Finance, Program, and Personnel and Public Education. Supporting documents required for each agenda item are mailed to each Board Member 7 to 10 days prior to the Board Meeting. Three committees meet one hour in advance of the Board Meeting with appropriate staff personnel. All agenda items are discussed with appropriate personnel and the resolutions pertaining to these items are then presented to the entire Board during the Board Meeting. This new method of procedure significantly improved the functioning and understanding of the Board and of individual Trustees.

Significant improvement was also made in areas of Budget and Finance. The Accounting Staff, under the direction of the Business Manager, was more than doubled during the fiscal year in order to take care of the increased accounting workload. Also the Center's payroll was placed on computer utilizing the services of Region VII Education Center in Kilgore, Texas. Additionally, before the end of the fiscal year, the Center's entire accounting system was being placed on computer.

Considerable improvement was made in the area of staff development and training during the fiscal year with an increase in attendance and hours of training, and improvement in the content of the curriculum through the use of more consultants and increased use of training films. Four hundred seventy-three staff members attended 11 sessions for a total number of 2,838 hours of training.

Public education and public information efforts continued to thrive during Fiscal Year 1976. Six public and professional seminars were held during the year. These included public seminars held in Houston and Polk Counties. Two seminars for area ministers were held in Lufkin. A seminar on counseling techniques for area public school counselors and administrators was also held in Lufkin.

Volunteer activity and interest continued to increase during the year with significant gains being made in both the number of volunteers serving and the total number of volunteer hours served.

Advisory Councils were formed in 12 regional counties during Fiscal Year 1975. Ten of these councils (those in participating counties) continued their active local support of DETRMHMRS' programs. These councils, composed of approximately 12 members, each provided input and advice to Program Directors at the local level, assisted with the screening of applicants when a local program vacancy occured, and generally promoted public information and local program support. These councils met bimonthly or quarterly as the need arose, and have continued to provide excellent support for local mental health mental retardation programs.

Overall, Fiscal Year 1976 was one of significant change for the organization. Total personnel increased from 49 to 74 during the year, and the total number of regional clients served almost doubled with a total of 1,953 clients being served.

Comparative Employment Figures
1974 - 1976

			%				%
*1974	Ethnicity			Sex			
	Anglo	15	94		Male	7	40
	Black	1	6		Female	9	60
	Total	16	100			16	100
1975	Ethnicity			Sex			
	Anglo	44	90		Male	21	43
	Black	5	10		Female	28	57
	Total	49	100			49	100
1976	Ethnicity			Sex			
	Anglo	59	80		Male	26	36
	Black	13	18		Female	48	64
	Hispanic	2	2				
	Total	74	100			74	100

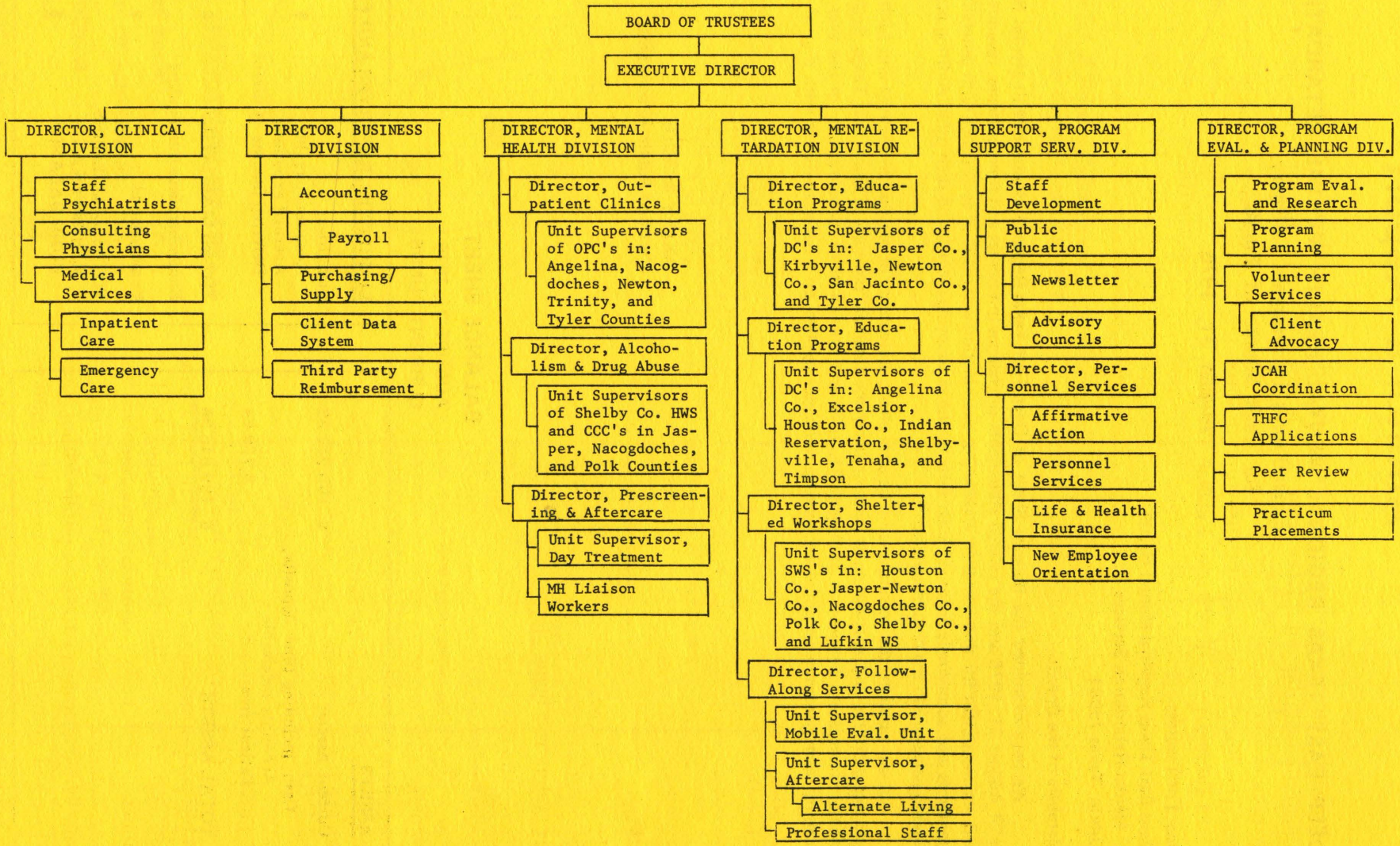
*Partial Year

The above graphs depict the changes in the number of employees, ethnic characteristics of employees, and sex of employees. The period reported for 1974 indicates that there was a total of 16 employees with one minority employee. There were 60% female employees and 40% male employees. In 1975 there was a total of 49 employees with 5 minority employees. There were 57% female employees and 43% male employees. The period reported for 1976 indicates a total of 74 employees, 15 of which were minorities. Female employees accounted for 64% of the total and male employees for 36%. The percentages shown above indicate that there has been significant improvement in the employment of minorities.

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DEEP EAST TEXAS REGIONAL MHMR SERVICES

ORGANIZATION CHART 1/77



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Auditor's Report

DEEP EAST TEXAS REGIONAL MENTAL HEALTH MENTAL RETARDATION SERVICES

Expenditures by Program Category for Each Source of Funds

August 31, 1976

Board of Trustees
Deep East Texas Regional Mental Health
Mental Retardation Services
Lufkin, Texas 75901

Members of the Board:

We have examined the Balance Sheet of Deep East Texas Regional Mental Health Mental Retardation Services as of August 31, 1976 and the related statements of changes in reserves and fund balances, revenues, and expenditures and encumbrances for the year then ended. Our examination was made in accordance with generally accepted auditing standards and accordingly included such tests of the accounting records and such other auditing procedures as we considered necessary in the circumstances.

In our opinion, the accompanying balance sheet, statements of changes in reserves and fund balances, revenues, and expenditures and encumbrances present fairly the financial position of Deep East Texas Regional Mental Health Mental Retardation Services as of August 31, 1976 and the results of its operations for the year then ended in conformity with generally accepted accounting principles applied on a basis consistent with that of the preceding year.

AXLEY & RODE
Certified Public Accountants

BALANCE SHEET

AUGUST 31, 1976
CURRENT FUNDS

ASSETS	
Current Assets:	$ 190,917.32
Cash, including time deposits,	
Accounts receivable - Patient fees	8,729.24
TOTAL ASSETS	$ 199,646.56

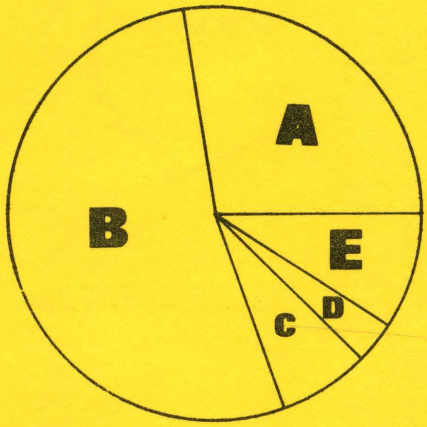
LIABILITIES, RESERVES AND FUND BALANCE	
Liabilities:	
Accounts payable	$ 1,966.67
Accrued expenses	10,766.73
Deferred income - Current	1,766.75
TOTAL LIABILITIES	$ 14,500.15
Encumberances outstanding	15,643.30
Fund balance	$ 169,503.11
TOTAL LIABILITIES, RESERVES AND FUND BALANCE	$ 199,646.56

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BUDGET
FY 76

Statement of Support, Revenue and Expenses
Year Ended August 31, 1976

	TOTAL
Support and Revenue:	
Local funds	364,522.96
State Funds	729,862.00
Other State funds	20,716.18
Federal funds	118,954.03
Total Support and Revenue	1,234,055.17
Expenses:	
Program Services:	
Mental Health	333,454.77
Mental Retardation Programs	656,589.39
Alcoholism Programs	88,208.45
Drug Programs	27,767.43
Central Administration	128,035.13



PROGRAM OPERATION COSTS

A - Mental Health	**.27**
B - Mental Retardation	**.53**
C - Alcoholism	**.07**
D - Drug	**.03**
E - Administration	**.10**

	MENTAL HEALTH PROGRAMS	RET PR
Salaries & Wages	189,291.90	26
Fringe Benefits	12,790.69	2
Consultation & Professional Fees		
Direct Patient Services	6,810.00	
Other	135.00	
Drugs	38,263.87	
Food	-	
Travel	14,047.69	1
Other (Office, Hospital, Medical, School, Etc.	6,709.39	1
Equipment & Furniture Purchase	8,155.71	2
Rental		
Repair & Maintenance	743.82	
Building Rent	13,942.16	
Remodeling & Renovation	627.37	
Repair & Maintenance Costs	290.41	
Vehicle Purchase	6,050.00	3
Rental Operating & Maintenance Costs	202.18	
Utilities, Postage, Telephone	6,845.87	1
Laboratory Expenses	146.50	
Client Transportation		
Annual Audit	1,540.92	
Insurance	14,371.50	1
Client Wages	-	2
Client Fringe	-	
Contract Materials	9,218.65	18
Educational Materials		
Miscellaneous	1,685.95	
Housing	1,726.88	
Legal Services	252.63	
Therapedic Recreation	37.50	
Concession Expense	-	
TOTAL	333,886.59	65

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BUDGET

FY 76

Statement of Functional Expenses
Year Ended August 31, 1976

Program Services

	MENTAL HEALTH PROGRAMS	MENTAL RETARDATION PROGRAMS	ALCOHOLISM PROGRAMS	DRUG PROGRAMS	CENTRAL ADMINISTRATION	GRAND TOTAL
es	189,291.90	267,090.48	62,254.48	20,327.54	77,162.90	616,127.30
	12,790.69	20,012.34	4,246.66	1,417.43	5,277.19	43,744.31
Professional						-
Services	6,810.00	-	-	-	-	6,810.00
	135.00	2,985.00	135.00	135.00	-	3,390.00
	38,263.87	-	-	-	-	38,263.87
	-	1,856.17	3,246.25	360.69	-	5,463.11
	14,047.69	16,453.29	5,146.09	1,556.21	6,193.82	43,397.10
Hospital, ol, Etc.	6,709.39	12,839.90	1,469.49	581.73	5,923.23	27,523.74
urniture	8,155.71	24,212.10	465.19	136.06	1,515.42	34,484.48
					6,501.17	6,501.17
ntenance	743.82	831.25	202.45	44.47	159.63	1,981.61
	13,942.16	9,847.50	2,610.00	630.00	9,600.00	36,629.66
Renovation	627.37	610.82	313.68	104.56	119.22	1,775.65
ntenance Costs	290.41	925.96	70.05	9.32	-	1,295.74
	6,050.00	35,079.00	-	-	-	41,129.00
laintenance	202.18	2,445.74	-	-	-	2,647.92
e, Telephone	6,845.87	10,378.62	3,059.65	596.41	7,957.19	28,837.74
enses	146.50	-	-	-	-	146.50
tation	1,540.92	2,386.37	313.60	122.74	136.37	4,500.00
	14,371.50	19,756.54	3,583.84	1,296.08	3,426.78	42,434.74
	-	29,745.14	-	-	-	29,745.14
	-	1,785.82	112.05	12.45	-	1,910.32
als	9,218.65	189,447.58	-	-	-	198,666.23
terials		2,676.07	-	-	-	2,676.07
	1,685.95	2,636.41	362.30	248.29	3,164.11	8,097.06
	1,726.88		305.28	67.84	875.00	2,975.00
	252.63	419.20	53.06	20.76	23.10	768.75
reation	37.50	-	-	-	-	37.50
ense	-	2,095.45	-	-	-	2,095.45
	333,886.59	656,516.75	27,667.58	87,949.12	128,035.13	1,234,055.17

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